



Safe Routes to School Spokane FACT SHEET

Safe Routes to School Spokane is a community program that promotes safe walking and biking at several elementary schools in Spokane. It is a program of Spokane Regional Health District, with funding from the Washington State Department of Transportation, and is implemented with the support of school staff, community partners, parents and volunteers.

Benefits to Parents



- Quality time with child if walking with them
- Peace of mind knowing child is safer
- Reduced drive-time
- Saves money by not driving daily
- Better classroom behavior
- Child arrives to school energized and ready to learn

Benefits to Children



- It's FUN!
- Increases physical activity and better health
- Improves school performance
- Enhances personal safety
- Increases traffic safety
- Nurtures enjoyment of the outdoors
- Strengthens relationships with friends

Program Activities



Annual Walk and Bike to School Days

- Provides support for a safe, fun and convenient event for students and parents to celebrate, with a special emphasis on walking to school in the fall and biking to school in the spring.



Walking School Bus

- Proven and tested, these are groups of students walking to school safely together led by adult volunteers, on a specific route, for several weeks at a time.



Walking and Biking Challenges and Other Special Events

- In addition to the Walking School Bus program, these activities encourage safe walking and biking with some fun awards at the end.



Safety Pledges

- Working with the community and parents to offer programs that acknowledge drivers' commitment to safe behaviors around school zones.



Safe Routes to School Website/Parent Portal

- A website that facilitates peer support among parents and as well as acting as a clearing house of information for Safe Routes Spokane activities.



Bicycle and Pedestrian School Curriculum Training

- Ongoing education for physical activity teachers for curriculum training to teach students safe pedestrian and bicycle travel and laws at school.



Safe Routes Spokane Teams

- Teams specific to schools that build capacity to support students walking and biking to school safely.



County-Wide Safe Routes Spokane Advisory Council

- A regional team to address barriers to walking and biking at schools county-wide.



For more
information,
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